

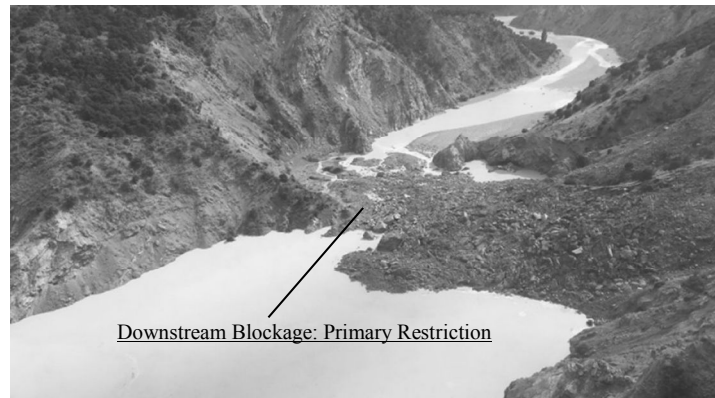
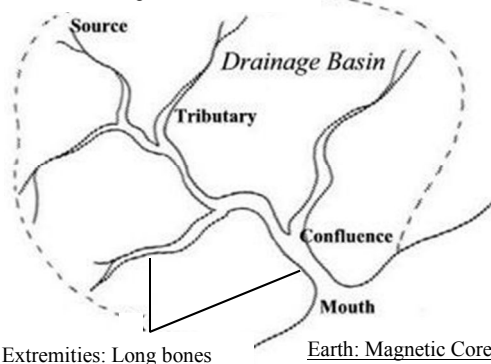
# Matrix Repatterning Principles of Treatment

## *A River Runs Through It*

The Matrix of the body is a complete electrical system. This means that it generates AND conducts electricity. The generators are every cell of the body (small batteries) with the central nervous system (cranium/brain, spinal/spinal cord and facial/dental/trigeminal) being the most powerful source of electricity. This is due to the close-packed arrangement of neurons, as well as the focusing effect of myelin and oligodendrocytes in the CNS. All cells are also conductors, however the peripheral, appendicular skeleton, especially the dense long bones of the extremities have the additional role of acting as ‘grounding conduits’, to complete the electrical circuitry of the body with respect to the earth's magnetic iron core.

Think of the body as a river. The nervous system is the ‘*source*’, the extremities are the ‘*channels*’ or ‘*streams*’ leading away from the source and the earth is the ‘*ocean*’. In order for the river to flow freely to the ocean, the channels must be opened up first. This is the concept of clearing any *downstream* blockage, which may impede the flow, as restrictions are released *upstream*.

CNS: Cranium, Spine, Facial/Dental



The additional factor to consider is that the nervous system is also the source of energy for the extremities, so injuries to the cranium, spine and/or facial/dental structures may also influence the ability of the extremities to be restored to optimal function. This is why there is often a *back-and-forth* component to the treatment of the neural (central, upstream) and peripheral (extremity, downstream) elements.

In conclusion, the goal of Matrix Repatterning is to restore optimal functioning to the structural elements of the body at a profound level. This process recognizes the electrical properties of the cells of the body and the effects of injury on this complex system. By precisely locating these focal areas of electrical disruption (Primary Restrictions) and gently releasing these restrictions, Matrix Repatterning practitioners are able to restore optimal, pain-free function and support the self-healing properties of the body.